TITLE: A therapeutic agent for stimulating cerebral

metabolism and improving cerebral function and

containing Aspalathus linearis extract as effective component

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AB A therapeutic agent for stimulating cerebral metab. and improving cerebral function contains Aspalathus linearis ext. as effective component. The ext. is obtained by extg. the leaves or stems of Aspalathus linearis belonging to Leguminosae with water and/or an org. solvent such as methanol, ethanol or acetone to get the ext. The ext. is mixed with conventional medicinal carrier, excipient, binder, and diluent, and prepd. into granule, powder, hard capsule, elastic capsule, syrup, suppository, and injection. The prepns. contg. Aspalathus linearis ext. can be used for stimulating brain metab. of mammals including human, improving memory and brain function, treating or improving brain and nervous diseases such as senile dementia and Parkinson disease, without side effect.